

## Overview:

This lesson challenges you to think more deeply about how culture contributes to your everyday norms/behaviors and habits. With a partner, you will choose several cards from two sets: cultural contexts and behaviors/norms. Then, you will talk through your life experiences and attempt to “connect the dots” between how your cultural contexts have affected your behaviors/norms in particular scenarios. Finally, you will complete a debriefing reflection on what you learned about yourself and your partner.

## Activity Instructions:

1. You and your partner should each pick one card from the two cards sets in the Connect Your Cultural Dots Cards document: one cultural context card and one behaviors/norms card. Then, take turns talking through how you believe that cultural context has influenced your chosen behavior/norm. You might use the following questions as guides:
  - Why did you choose this particular cultural context?
  - How would you describe your experiences within this cultural context?
  - Why did you choose this particular behavior/norm?
  - How would you describe your experiences related to this behavior/norm?
  - What is the relationship between your cultural context and this behavior/norm? How might you connect the dots between them?
2. Then, you should compare and contrast your experiences:
  - What are some of the similarities between your experiences?
  - What are some of the differences?
  - How does culture play into these similarities and differences?
3. Once finished, you should complete a debriefing reflection (either written or audio/video) that addresses the following questions:
  - What did you learn about yourself as you were talking through your life experiences?
  - What did you learn about your partner?
  - What did you learn about the relationship between culture and behaviors/norms?